

Jason A. Long
Cross Country/Track Scholarship

From the Jason A. Long Flight to Success Fund

P.O. Box 350
Strasburg, Virginia 22657
www.shenandoahcommunityfoundation.org
540-465-1444 • info.scfva@gmail.com

Jason A. Long Cross Country/Track Scholarship Eligibility

Scholarship Criteria: The recipients of the Jason A. Long Cross Country/Track Scholarship must meet the following criteria:

1. They must be a graduating senior of a Shenandoah County high school.
2. They must have participated in the school's intermural cross country or track program for at least their senior year.
3. They must plan to attend college and participate in that school's intermural cross-country or track program.
4. Their academic record must be in good standing.
5. They must be a person who has, in the judgment of their coaches or other high school officials, demonstrated good character and sportsmanship during their high school and sports career.
6. While financial need is not a requirement, it may be considered, especially when other factors are near equal.
7. Qualified applicants must submit an application and essay.

The total amount of the scholarship to be awarded in 2025 will be \$2,300. If interested in this scholarship, please return the completed application to your guidance counselor by March 16, 2025. You may also email your application to info.scfva@gmail.com or mail to Shenandoah Community Foundation, PO Box 350, Strasburg, VA 22657.

The Shenandoah Community Foundation manages the scholarship fund. Additional information about the scholarship can be obtained from the Foundation's website at <http://www.shenandoahcommunityfoundation.org> or by calling 540-465-1444.

Jason A. Long Cross Country/Track Scholarship Application

Part 1. Student Personal Information

1. Name:

First _____ Middle _____ Last _____

2. Address (Street, City, State, Zip) _____

3. Most current Grade Point Average (GPA): _____

4. Institution you plan to attend or to which you have applied:

Institution name & address to send scholarship check: _____

5. Will you be participating in intermural track and field at the above institution? (Note: Intermural sports are not "club teams," but involve competitions with teams outside of one's institution). Yes No

6. What are your intended major and career plans?

7. If financial need is a factor, please describe:

By signing this application, I certify that I have read and understand the scholarship criteria and believe that I am qualified. I also certify that the information is correct to the best of my ability.

Signature of applicant

Part 4. Student Activities Junior & Senior Years (or two most recent years if you are in college) - You may attach your own sheet

1. School-related Leadership Activities

2. Community Leadership Activities

3. Special Awards (such as local, district, state, or national honors)

4. List work experience. Include name of employer, length of employment and job title.
